

## PROCOVERY

*Procovery, it means just start anywhere*

*You can go forward*

*Or*

*You can go backward*

*It's all up to you.*

*Procovery*

*It is like a new discovery*

*A new way to recovery*

*You can discover who you are now*

*And think back to how you used to be*

*And move on.*

*Procovery*

*Has helped me a lot*

*It helped me discover it's time*

*to think about the future*

*And let go of the past*

*And move on.*

*Procovery*

*Means I can live again*

*Be a new and new me*

*With a new attitude and*

*a positive out look on life.*

*Procovery*

*Means there is hope.*

*Procovery*

***Means never give up***

***Procovery means***

***There is help.***

***There are people out there who will listen***

***There are people out there who can help***

***You just have to find the strength***

***And courage***

***With in yourself to go out there***

***And find them.***

***Procovery***

***Means you can face any challenges***

***That life throws your way.***

***Procovery***

***It works***

***It changes lives.***

***Get Involved in Procovery today***

***And look forward to a better life and a better tomorrow***

***And a Better happier and healthier you***

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