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# Missouri Procovery™ Program First Year\* Implementation Overview

**\* Data for Period April 2005 to June 30, 2006**

# Missouri Procovery Program Implementation Objectives

- Shared framework that applies across spectrum of organizations and stakeholders
- Training and support of staff, family, consumers and community
- Development of Procovery Circles

As opposed to primarily focusing on symptoms and issues of compliance with treatment, the Procovery program for service delivery emphasizes a hope-centered, forward-focused, and skills-based partnership between the consumer, family, service provider and community that enhances outcomes and opportunities for each.

—Diane McFarland, Division Director, Division of Comprehensive Psychiatric Services

# Recovery Through Procovery Program First year Structured Implementation

- 4 urban and rural demonstration sites
- Voluntary opt-in model at all levels
- Host agency selection
- Provide introductory Procovery program trainings
- Provide Procovery Circle facilitator training
- Select small group of initial facilitators—4-6 urban and 4-6 rural
- Strengthen and enhance existing services and organizations
- Provide ongoing training, support and consultation for facilitators—build Procovery Circle structural fidelity
- Development of Procovery Circle listing for referral

# First year Missouri implementation Host Agencies

- BJC Behavioral Health — April 2005  
(St Louis/Farmington)
- Family Counseling Center—April 2005  
(Southeast Missouri)
- Truman Medical Center—April 2006  
(Kansas City)

# Missouri Procovery Program: Key Questions

- Training and support of staff, family, consumers and community— in a voluntary, opt-in model, will anyone choose to participate?
- Shared framework that applies across spectrum of organizations and stakeholders— will Procovery program and Procovery Circles resonate:
  - ◆ Across clients, family, staff, community?
  - ◆ Across settings?
  - ◆ Across diagnoses and co-occurring?
  - ◆ Across cultures?
  - ◆ Across urban and rural?
- Development of Procovery Circles— will Circles draw participants and will they find it valuable?

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**In a voluntary, opt-in model, will anyone choose to participate?**

# First year Missouri Report Training Participation

- 1075 completed full day Procovery Intro training
- Additional 485 in Procovery Institute mixers or short presentations (does not include mixers held by Procovery Circle facilitators)
- 402 (37% of Intro attendees) completed full day Procovery Circle Facilitator training
- 298 (74%) applied to facilitate or co-facilitate Procovery Circle
- Across staff, clients, family, community; across cultures and backgrounds

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**Will Procovery program and Procovery Circles resonate across clients, family, staff, community; across settings; across diagnoses and co-occurring; across cultures?**

**Will Procovery Circles draw participants?**

# First Year Missouri Report Procovery Circles

**Benchmark:**  
program  
objective for  
first full year  
was 4-6  
Procovery  
Circles in 2  
regions (one  
urban and one  
rural), or 8-12  
Procovery  
Circles total.

- Referral Listing of 80 active Procovery Circles all nearing structural fidelity
- 1368 Procovery Circle meetings (for which data was submitted by facilitators—estimate this is 60% of meetings actually held)
- Average attendance 8.6 persons per Circle meeting
- Regions: St Louis, Farmington, Poplar Bluff, Kennett, Cape Girardeau, Sikeston, Kansas City, Springfield, Fulton, Rolla
- Settings: In-patient acute, inpatient forensic, outpatient, RCF, clubhouse, community, faith, NAMI, co-occurring substance abuse, HIV, women's, men's, transitional youth, homeless, run by and for client, family, and staff

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Will Procovery program and Procovery Circles  
resonate across urban and rural areas?

# First Year Missouri Report Urban / Rural Adoption\*

**Benchmark:**

2000 Census

Missouri population:

69% cities/towns

31% "open country"

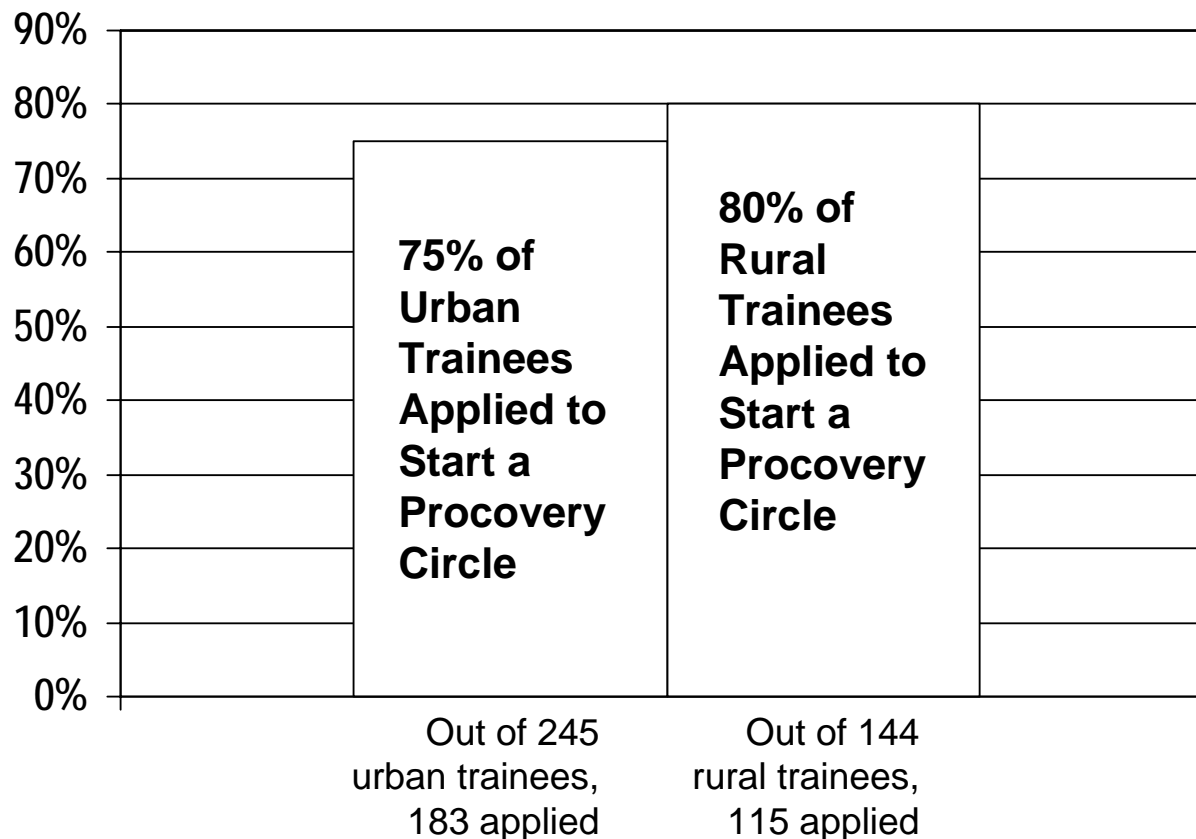
	Urban	Rural
Completed Intro Training	522 (60%)	351 (40%)
Completed Circle Training	245 (63%)	144 (37%)
Applied to Start Circle	75%	80%
Procovery Circle Meetings	802 (59%)	566 (41%)
Average Circle attendance	8.5	8.8

\* Rural/urban data available on approximately 80% of intro training participants;  
Data for inpatient facilities serving statewide populations allocated 69% urban / 31% rural  
Source for 2000 Census Missouri population open country percentage is  
[http://www.oseda.missouri.edu/tables/open\\_country/mocopop\\_open\\_country\\_1990\\_2000\\_co.html](http://www.oseda.missouri.edu/tables/open_country/mocopop_open_country_1990_2000_co.html)

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# First Year Missouri Report Urban / Rural Adoption

Percentage of Trainees Who Apply to Start a Procovery Circle  
Urban v. Rural\*

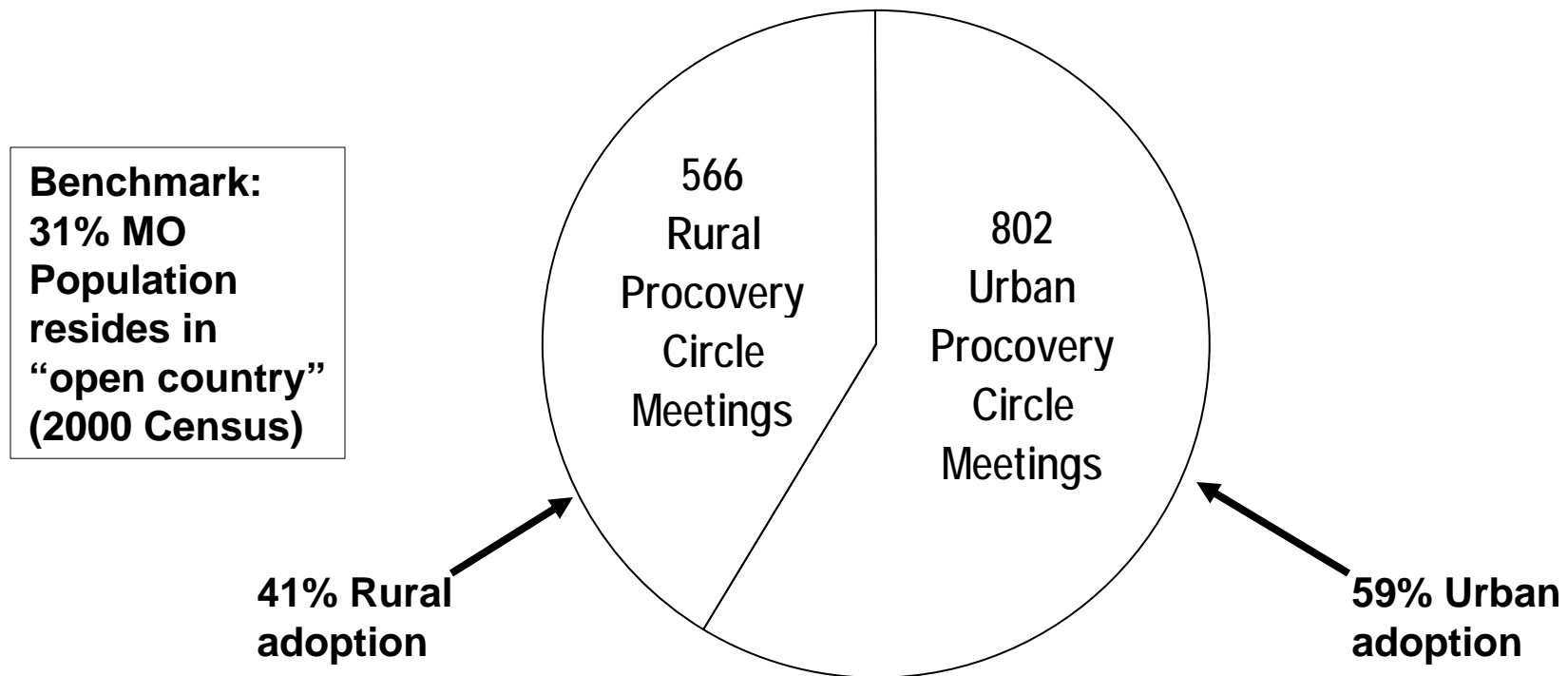


\* See earlier slide 12 for data information.

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# First Year Missouri Report Urban / Rural Adoption

Number of Procovery Circle Meetings Held in Rural vs Urban Settings\*

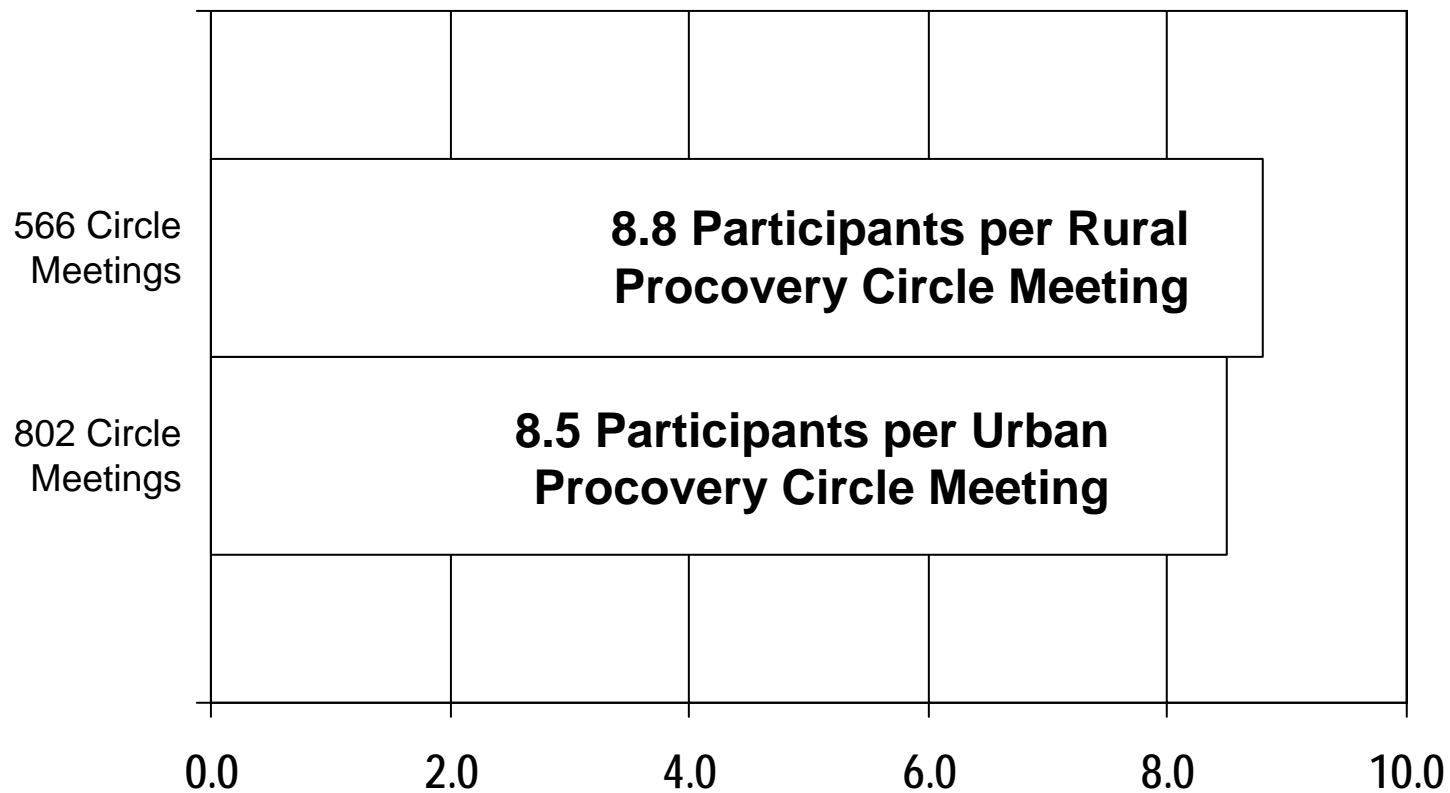


\* See earlier slide 12 for data explanation.

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# First Year Missouri Report Urban / Rural Adoption

Average Procovery Circle Meeting Attendance Urban v. Rural\*



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Procovery seems to be everything in the middle. I know where I am and where I want to be but never knew how to get there. Procovery seems to be that!

—Angela Ward, MO Procovery Circle Facilitator

I always believed that I could maintain a happy, productive life with my mental illness. It took someone else believing in me as well to make that become a reality. That is what Procovery does for people.... It believes in them.

—Mickie McDowell, NAMI SW Missouri, MO Procovery Circle Facilitator

# Procovery Program Update

The Procovery Institute is currently collaborating with the Missouri Department of Mental Health in Procovery program implementation, for which this presentation summarizes first year data collected by the Procovery Institute. After a very successful first phase, we are currently in a planning process for statewide expansion in Missouri.

We really appreciate the extraordinary and growing interest in the Procovery program! However, at this time we are limiting our work primarily to our collaboration with the Missouri Department of Mental Health, while we complete the next phase of our expansion model. Once complete, we will have an exciting array of new materials, training tools, technology and supports enabling the Procovery program to grow broadly with quality and fidelity (i.e., doing it right!). To learn more about the Procovery program and for the most current updates, please visit [www.procovery.com](http://www.procovery.com).

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